



TEACH *us to* PRAY

GIVE US
THIS DAY
OUR
DAILY
BREAD

*“Our Father in heaven,
hallowed be your name, your
kingdom come, your will be done,
on earth as it is in heaven. Give us
today our daily bread. And forgive us
our debts, as we also have forgiven
our debtors. And lead us not into
temptation, but deliver us from the*

Matthew 6:9-13 (NIV)

PRAISE

Week of September 23, 2024

WATCH or LISTEN



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REVIEW

This week we kicked off our mini series on the Lords Prayer found in Matthew 6:9-13. Pastor Michael focused on the first 2 verses as we see we are taught to Praise God through our prayer. When you start to praise God for who he is and what he has done, there is power to infuse faith into you. When you begin to praise Jesus by emphasizing his name and characteristics your faith grows and your problems are put into perspective. As followers of Jesus we want to get to that place where we want God's will to be accomplished freely here on earth as it is in heaven. As followers of Jesus we want to get to that place where we desire God's will even more than our own. Prayer starts with praise, and it it ends with praise. When we get our focus off ourselves and on to God, there is real power for change.

MY STORY

1. What has your experience been with prayer?

2. Is prayer a part of your daily life? If so how?

3. Have you ever struggled with understanding what it means to pray? How did you overcome that struggle?

4. Can you recall a time when you felt God's presence during prayer? What was that like for you?

DIGGING DEEPER

Read Matthew 6:9-13

1. Jesus introduces prayer by saying, "This, then, is how you should pray." Notice that he did not say, "this is what you should pray." Jesus gave us a model prayer that can show us how to pray. How does it help you to have a model to base prayer on?

2. What is the significance of Jesus teaching us to pray to God as our Father? Why does He mention "who is in heaven"?

3. Why is it a good practice to give praise and adoration to God before jumping into our personal requests?

4. What does Jesus say in verse 10 should be our attitude whenever we pray?

5. What does Jesus mean when He teaches us to pray for God’s Kingdom to come (Matthew 6:10)?

6. How does praying for God’s will to be done influence your own desires and decisions?

7. Read Matthew 26:39. What does it mean to surrender our own will to God, as Jesus did?

TAKE IT HOME

1. What can you do this week to align your prayers more closely with God's will?

2. How can you incorporate praise this week into your daily life?

3. How can an attitude of submission change our approach to prayer?

PRAYER



FORGIVE

Week of September 29, 2024

WATCH or LISTEN



Use the QR code or visit np.church/media to Watch or Listen to the weekends message.

REVIEW

This week's focus is on forgiveness—an essential aspect of prayer that Jesus highlights in the Lord's Prayer. We are taught not only to seek forgiveness from God but also to extend forgiveness to others. Pastor Trevor explored how forgiveness is necessary for us to live in freedom and how closely it is tied to our ability to experience God's forgiveness in our lives. In particular, scripture teaches us that we must both seek and give forgiveness; sin creates a debt in our lives, and only through God's forgiveness can we be set free; and, we are called to forgive others fully, without reservations, just as God forgives us.

MY STORY

1. Reflect on a time when you needed to ask for forgiveness. How did it feel, and how did it impact your relationship with the person involved?

2. Have you ever struggled to forgive someone? How did you deal with that? What helped you move toward forgiveness?

3. What makes it difficult for you to forgive others? Is it hurt, pride, or something else? How can you overcome this challenge?

4. How does holding onto unforgiveness impact your spiritual, emotional, or physical well-being? Reflect on a time when holding a grudge negatively affected your life.

5. 1 John 1:9 says, "If we confess our sins, He is faithful and just to forgive us our sins." How does confessing your sins to God bring freedom? How does it change your perspective on the mistakes you've made?

6. Jesus asks us to forgive without conditions. How can you ensure that your forgiveness is complete and not dependent on the other person's response or apology?

PRAYER

As you pray this week, ask God to soften your heart toward those who have hurt you. Seek His help in extending forgiveness, and thank Him for the forgiveness He offers you daily. Remember that forgiving others is not about downplaying hurt but releasing bitterness and allowing God to heal and restore.

ASK

Week of October 6, 2024

WATCH or LISTEN



Use the QR code or visit np.church/media to Watch or Listen to the weekends message.

REVIEW

This week we saw the importance of depending on God in daily life, just like the Israelites did in the wilderness. We are warned against relying too much on ourselves, worrying, or having selfish motives, instead, we need to focus on trusting God for our needs, praying for others, and seeking protection from temptations. Often we worry about things but don't pray about them, we ruminate on them but don't pray, we plan but don't pray. God cares about your everyday, physical needs. He knows what we need to keep going. He is the one who designed us to need to eat, drink, sleep, be clothed and protected from the elements. God knows you. He cares for you. And he wants to provide for you.

God calls us to make prayer our first response, aligning our desires with God's will, and growing spiritually through faith and depending on Him in every way.

MY STORY

1. If you could ask God for one thing today, what would it be, and how do you think He might respond?

2. Have you ever been in a situation where you felt overwhelmed and all you could say was, "God, help"? What happened?

3. Can you recall a time when God provided for your daily needs in a surprising way?

4. How does our culture's tendency toward independence impact the way we pray or don't pray?

DIGGING DEEPER

Pray Matthew 6:9-13 as a group.

1. How does Jesus emphasize the importance of starting prayer with praise, and why is this an essential first step when asking God for help?

2. How can the simplicity of the prayer "God, help!" reflect the kind of dependency and trust Jesus encourages in the Lord's Prayer?

3. In Exodus 16, God provided daily manna for the Israelites. How does this connect with the concept of daily bread in the Lord's Prayer?

4. Jesus teaches us to depend on God for our needs, Matt 6:11. How does this challenge our tendency to rely on our own resources and plans instead?

5. How does the example of Jesus praying early in the morning in Mark 1:35 shape your understanding of the importance of setting aside time for prayer?

6. How can we use the Lord's Prayer as a framework for turning our instinctive cries for help into a habit of deep dependence on God?

TAKE IT HOME

1. In what areas of your life do you need to start praying first instead of relying on your own strength or resources?

2. How can you practice silence and listening during prayer, allowing God's voice to guide you instead of rushing through your requests?

3. What steps will you take this week to identify and eliminate discretions that prevent you from spending time in prayer?

“The Lord is near to all who call on Him, to all who call on Him in truth.”

Psalms 145:18 NIV

PRAYER